Andrew Murray's *Abiding in Christ*
Chapter Two

1. How do you view rest?

2. In Matthew 11:28-29, Christ promises His disciples rest from their burdens. What are some of the unnecessary burdens you think people carriy? What are some of yours? What would it look like to give them to Jesus?

3. *"It is not what we do that matters, but what a Sovereign God chooses to do through us. God doesn't want our success. He wants us. He doesn't demand our achievements; He demands our obedience". --Loving God by Chuck Colson*
   How can this above quote bring us rest?

4. What is the imagery being used in Matthew 11:29? How does it relate to us today? In other words, how can we become yoked with Jesus?

5. How does Jesus describe himself in Matthew 11:29? How does that relate to the "soul-rest" He promised?

6. What are some reasons why we should want to submit to the Savior's yoke?

7. What did you find significant in your reading?